



# ISH NEWSLETTER

The latest news and updates from International School of Hellerup



*Student council election*

Welcome to the October edition of the ISH Newsletter, with the latest news, updates and stories from International School of Hellerup.

In this issue, Mr Asanovski unpacks the concept of lifelong learning, Ms MacAulay introduces the new PTA Committee and Ms Keenoy writes about the recent 'Banned Books Week'. In the Primary School News, Ms Mr Fleet and Ms Okolowicz share the latest news and information from the PYP and writes about what parents can do to prevent bullying. In the Secondary School News, Ms Pedersen announces the 2018-19 Student Council introduces the upcoming MYP Core Week, MYP4 Work Experience Week and MYP/DP Parent-Teacher Conferences. Dr Kurt reports from the recent EU University Fair and Ms Uttenthal writes about assessment in MYP.

This, and much more, in this month's newsletter!

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## News from the Head of School

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Mr Nedzat Asanovski  
Head of School

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### Lifelong Learning

In this month's edition, I have decided to unpack the concept "lifelong learner" which is a part of our school's mission statement.

Learning is most commonly associated with formal education at school, high school, university etc. We are focused on doing well in school and getting a good education. This is indeed a good goal to have but once we get our diplomas and are "educated", we tend to believe that we have accomplished what we were set for and change our mindset towards learning. However, getting our diplomas is one way of being educated, and our learning journeys do not finish once we start our careers. There are plenty of opportunities throughout our lives to further our knowledge, and the winners are the ones who invest time in learning and view themselves as lifelong learners who understand that learning does not stop after getting a diploma but is a lifelong journey.

At ISH, we genuinely believe that we are all lifelong learners. It is not only the students who are at school to learn - we all learn together.

Joseph Joubert stated that "to teach is to learn twice". We, as educators, firmly believe that we are on a learning journey with our students. To take our own learning to the next level, we have developed our own "Personal Development Plan" (PDP) at ISH. Each teacher gets a partner whom they develop a personal development plan with. This plan focuses on specific areas that each teacher chooses to prioritise during the given school year and invests time on strengthening that area. It is a collaborative process where the learner takes on an active role listening to feedback given, reflecting on the feedback and putting this newly gained knowledge into action. This is to further our pedagogical knowledge so that we develop our understanding of teaching and learning.

According to Professor Carol Dweck, people who look upon themselves as lifelong learners and are open to new approaches have a growth mindset. She describes this type of mindset as follows:

"People who believe that they can increase their intelligence through effort and challenge actually get smarter and do better in school, work, and life over time. They know that mental exercise makes their brains grow smarter—the same way that exercise makes an athlete stronger and faster. And they are always learning new ways to work smart and build their brains."

In the next newsletter I will be exploring this theory and look at the impact it can have on student and adult learning.



## Happy 50th Anniversary, IB!

All IB Schools around the world are celebrating the 50th Anniversary of the IB. We are proud to be part of the IB network of schools since it gives us the chance to provide our students with a global and rigorous education. Below is a brief history of the International Baccalaureate. For more information about the history of the IB please see [here](#).

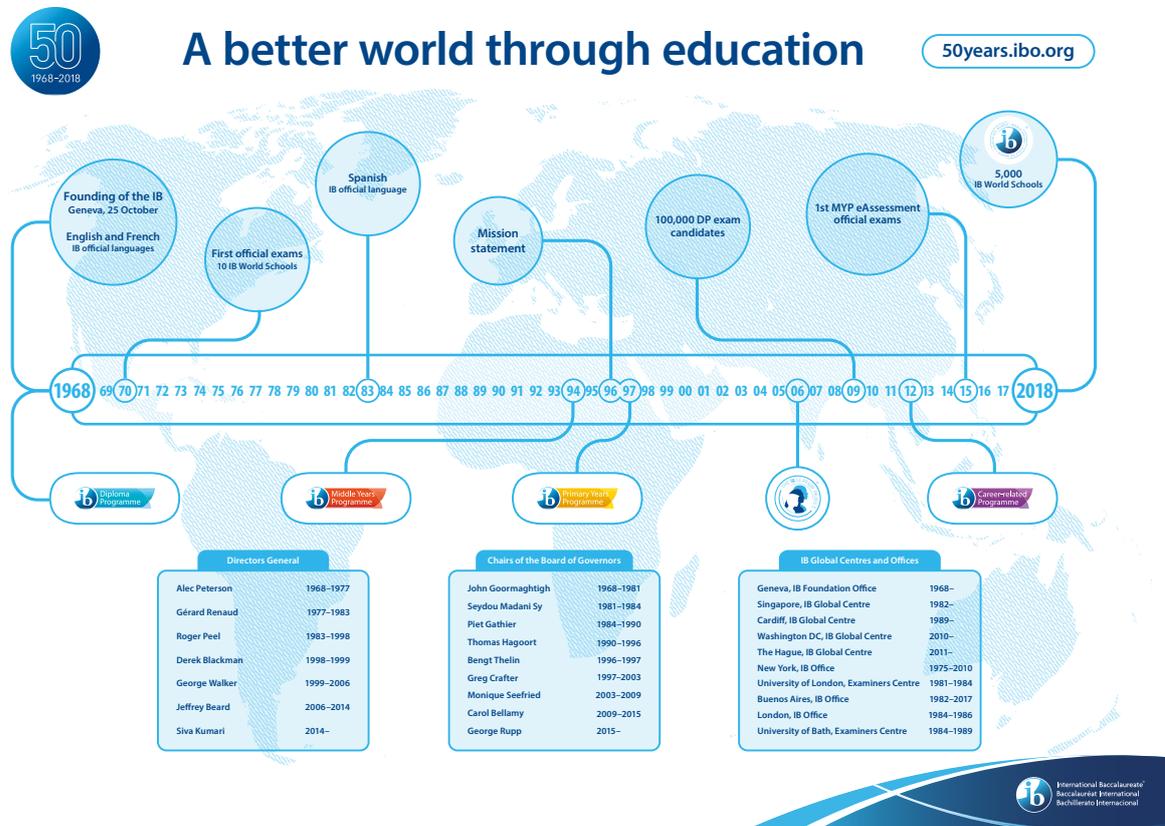


“The International Baccalaureate is founded in Geneva in 1968. The Vision of the IB is to foster open and enlightened minds through education programmes crafted to suit students at all development stages between 3 and 19 years old. Today the IB is taught in 4,775 schools across 153 different countries.

Since our first school opened in Geneva, the IB has expanded its global footprint across the world. There are now 1.4 million students studying an IB education across the Americas, Asia Pacific and Africa, Europe and the Middle East. We work with individual schools and also governments.

In the late 1960s, a group of innovative educators saw a need for an international approach to education which would equip young people with the skills, values and knowledge necessary to build a more peaceful future. Their challenge - to create an education which was academically rigorous, with a school leaving qualification which was accepted by the best universities around the world. Combining their collective skills, experience and expertise in all areas of education, they created the International Baccalaureate (IB). From this strong foundation, educators have continued to develop and co-create the education for almost 50 years - and today, it is just as true to its founding ethos and values of education for a better world.\*

- IBO, 2018



IB's 50th anniversary timeline poster. Click on the image to view a full size version.

## Administration News



Ms Katrine Dalsgaard  
School Secretary



Ms Martine Grandjean  
School Secretary

### Have you changed your address?

Please remember to update your contact details in ManageBac, and inform the school office of any changes to your address or other contact details by sending an email to [info@ish.dk](mailto:info@ish.dk).

### Agnes Catering

Did you know that ISH works with a catering company called Agnes to provide healthy and tasty lunch options for our students? Through Agnes, we can offer our students a diverse menu of warm and cold meals that can be ordered and paid for online. The meals are prepared outside of school and delivered to our canteen.

For the sake of convenience, parents often place lunch orders for the children in advance for longer periods of time, however, it is also possible to order single meals. For more information about Agnes lunch service, please visit their website [www.agnes.com](http://www.agnes.com).

In addition to a selection of sandwiches, salads and snacks, Agnes offers a choice of two hot meals every day. You can find the monthly lunch menus on our website here: [ish.dk/school-life/school-lunch-service/](http://ish.dk/school-life/school-lunch-service/).



## PTA News



Ms Karolina MacAulay  
PTA Coordinator

### September PTA Meeting

We had a full agenda at the September PTA meeting. We appointed this school year's PTA Committee (see below) and discussed topics such as restroom cleanliness and recycling and sustainability at the school. The minutes of the meeting are published on the school website here: <http://ish.dk/school-life/pta/pta-meetings/>.

The October PTA meeting will take place on Thursday, October 25. At the meeting, we will talk about traffic safety by the school gates and on the streets near our school, we'll discuss the possibility of school buses/carpooling and "walking buses" and we will get an update about the recycling situation at the school. If you would like to suggest a topic to add to the agenda for the next PTA meeting, please email [pta@ish.dk](mailto:pta@ish.dk).

### PTA Committee

I'm happy to share that we have a complete PTA Committee this year:

Chair	Mira Bush
Vice Chair	Alana Cookman
Treasurer	Khaled Shaikh
Secretary	Brittany Giametta
Event Coordinator	Birgitte Lassen Rossau
PTA Coordinator	Karolina MacAulay

### PYP Halloween Party Volunteers?

The PYP Halloween Party is coming up soon on October 31st. More information will be sent out from the school soon. The PTA will organise a Halloween themed buffet at the party. If you would like to help by cooking/baking for the food sale, serving food during the party and/or helping with the cleanup afterwards, please add you name to [this volunteer list](#) or email [pta@ish.dk](mailto:pta@ish.dk). There will be Halloween party planning meeting on Tuesday, October 9 at 8:30 in the conference room for parents that are interested in helping with the preparations for the party/ Halloween buffet. Everyone is welcome!



## Library Corner



Ms Andrée Keenoy  
School Librarian

From September 23 to 29 we have celebrated Banned Books Week. This is an annual event celebrating the freedom to read. Typically held during the last week of September, it highlights the value of free and open access to information and draws attention to the harms of censorship. While books have been and continue to be banned, part of the Banned Books Week celebration is the fact that, in a majority of cases, the books have remained available. Some are now reading assignments in many schools. The books featured during Banned Books Week have all been banned throughout history. Needless to say, students were intrigued, and were enticed to borrow precisely those books!

Amongst the banned books are the Harry Potter series. That has not deterred the Harry Potter club, run by Ms Jethani, from meeting every Monday in the library. This group of curious

enthusiasts is reaching new heights of creativity every week. The students' masterpieces so far are the personalised wands. Currently, they are learning about transformation and different wand movements. In the upcoming sessions, they will be making and tasting magical potions. Over the course of 10 weeks, students get to collaborate and work with various Harry Potter inspired themes. If you are interested, the next Harry Potter club for students in PYP2-5, please email Ms Jethani at [rjethani@ish.dk](mailto:rjethani@ish.dk).



Students making wands in the Harry Potter Club

## ASCP, Enrichments and MTP News



Ms Elana Thoren  
ASCP, Enrichments and MTP  
Coordinator

### Armenian Day

Fun afternoons are being had in ASCP! One of the recent ones that stand out is when Ms. Verónica and friends celebrated Armenian Day. During a few weeks in Culture and Craft Club, the students learned about Armenia and then picked a day to celebrate, learned some words in Armenian, fun facts, and enjoyed an Armenian specialty-dried apricots!

### ASCP Attendance

If your child is in Pre-k to PYP 1, please make sure you let your child's teacher know if they are not going to ASCP that day so that the teachers leaves the child with the ASCP group rather than taking them outside.

**For Pre-k:** If your child does not go to ASCP regularly and they are staying for the day, please let the teacher know so the teacher does not bring your child outside. The children can get sad if they go outside expecting to go home and then they are staying after all.

### Famly app- Please make sure you are registered

Famly is an all-in-one management and communication platform that we use in ASCP to check-in and check-out students in ASCP, share photos of the day and activities coming up with you, store information such as who is allowed to pick up your child and contact information, and also gives you the ability to see what your child chose to do in ASCP that day. We also use it to communicate messages if necessary.

If you have not received a registration email from Famly, please email Elana at [Ethoren@ish.dk](mailto:Ethoren@ish.dk). Please create an account and we recommend you download the app to have easy access to it. Once you have created an account, please make sure to update the contact information, health information, and to add the names of those who are authorized to pick up your child in the notes section.



Students in the Culture and Craft Club celebrating Armenian Day



## Primary School News



Mr Stef Fleet  
Primary School Principal



Ms Joanna Okolowicz  
IB Coordinator  
Primary Years Programme

### Field Trips

There have been many field trips in the first month of school. Field trips are usually linked to the Unit of Inquiry, and helps students make deeper connections. They include:

- \* PYP5 - Zoo (evolution unit)
- \* PYP2 - Tivoli (community systems)
- \* PYP3 - Experimentarium (body systems)
- \* Kindergarten - Experimentarium (senses unit)

### ISH is an Anti-Bullying School

How can parents prevent bullying? From our [Parent Student Handbook...](#)

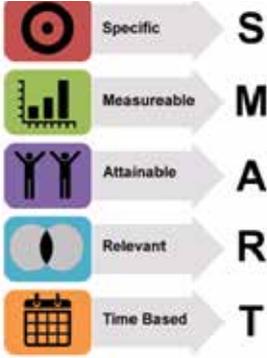
“Do not speak badly about your child’s classmates or their parents. Support your child in cultivating relationships with the entire class. Encourage your child to defend those who cannot defend themselves. If announcing or inviting to a party in school time, it should be for the entire class. Prioritize togetherness with the other parents in class. It influences the children.”



*PYP Motions Day on October 5th*

### Upcoming PYP dates

October 11-22	PYP closed due to staff training and October break.
November 27	Festival of Lights (PYP performance in canteen, approx 16:00-17:00)
December 14	Mid-Year Reports Published

	<p><b>PYP Homework Snapshot</b></p>  <p>Click <a href="#">here</a> to read a snapshot of recent homework for each grade level!</p>	<p>Homework develops self-organisation skills</p>  <p><i>Alexandro and Mark tackle their homework challenges together.</i></p>
<p>PYP Motions Day 5th Oct <a href="#">Skolernes Motionsdag er en årlig idrætstradition, hvor børn over hele landet bevæger sig sammen.</a></p> <p>Watch a video of some PYP children preparing for the day using the new 200m running track.</p>  <p>Parents try with your children ...how fast can you make 200m?</p>	<p><b>PYP Updates</b></p>	<p>Which PYP3 student made this beautiful toilet? And why are we talking about toilets</p>  <p>Find out more in next month's newsletter...</p>
<p><b>SMART Learning Goals</b> Did you know that the students in the PYP exercise their <b>agency</b> and take <b>ownership of their learning by setting learning goals?</b> Working toward goals they have set themselves is more purposeful and meaningful. Students are usually more motivated to self-regulate their own learning. Students reflect on skills, key and related concepts and knowledge</p>	 <p>Goal Setting</p>	<p>Fire Safety at Home and School</p> <p><i>At home, talk to your child about what happens if there is a fire in the home. Finding out what they already know</i></p>  <p><a href="#">Here is a resource which can help.</a></p>



## Secondary School News



Ms Monika Pedersen  
Secondary School Principal



Ms Abenaa Uttenthal  
IB Coordinator  
Middle Years Programme



Mr Evis Qeska  
IB Coordinator  
Diploma Programme

### Student Council 2018

We have been busy with a few events. One of the most important has been the student council nominations and elections. We built on the traditions of last year and spent time in our advisory classes discussing the various positions and roles students at all grade levels could 'run for'. On Wednesday 12 Sept, our advisory time was spent in a wonderful assembly, where students from MYP 1 to DP 1 presented themselves by way of a short speech outlining their strengths and values to the entire secondary school. After hearing all the speeches, the student body vot-



*Student council candidates presented themselves by way of a short speech at the student council election.*

ed by means of a ballot. We are thrilled to say that we had such a strong response that we had enough candidates and votes to create a dual student council: a middle school and upper school council who will work together collaboratively and then may also work on separate grade specific initiatives. This approach allows for more leadership and teamwork for the betterment of our school. We are thrilled to have such a big group.

The first meeting took place on Wednesday, 20 Sept. to establish the structure, and on Thursday 27 Sept. the students met as a collective group to brainstorm some ideas.

The following students make up the student council:

**President of Middle School Student Council**  
Kelan Moore

**President of the Upper School Council**  
Yash Bhatia

**Vice President of the Upper School Council**  
Ishanjali Maitra

**Vice President of the Middle School Council**  
Ismael Haiba

**Communication Officers**  
Omamen Parvez  
Camille Wenner

**Social Activities for both Student Councils**  
Milad Haidari  
Sophia Ungar  
Anna Sophia Bakker

**Finance Officers for both Student Councils**  
Selma Erkut  
Karthkiya Panicker

**Class Representatives**  
MYP 1a: Nicolas Olivarius  
MYP 1b: Angelica Henriksen  
MYP 2a: Raima Munshi, Jessica Laparil (co helper)  
MYP 2b: Faiz Alam  
MYP 3a: Margherita Gaglardi, Jasleen Kaur (co helper)  
MYP3b: Silje Hvam  
MYP 4a: No Candidates  
MYP 4b: Nicholas Nielsen  
MYP 5: Dua Parvez, Dikshya Sapkota



## Preparations are starting for Core Week

A very important date to place in your diary is Monday 29 April- Friday 3 May. This is Core Week. Core Week is when by grade level students participate in an interdisciplinary unit and are out of the classroom. Preparatory work is done in the connected subject areas, which then moves into the off timetable week, and concludes with assessments which are assessed using interdisciplinary criteria. This is a very important aspect of the MYP. The week outside the classroom is part of the curriculum, is mandatory, and incurs costs. These will be shared in due course as will further specific information from each grade level.

## MYP 4 Work Experience (Praktikuge)

MYP 4 do participate in an interdisciplinary unit, but during core week, they perform an internship. This is a very important part of their academic journey as in the coming year, important decisions about their academic pathways need to be made and work experience plays a part in influencing a student's decision and their career path.

Sorting out a work placement may be one of the first times a student is taking responsibility for an important project. They will need help. In advisory at school, we will help them with paperwork, and mock interviews and reflecting on the world of work. However, the placement for the work experience does need everyone to help a little.

We want this to be a positive experience for students, so it is essential that students contact places now to ensure a placement that will give them a realistic opportunity to be in an environment in which they are interested in working. The event is in April and not the week all Danish students do praktikuge in February, so it is even more important that students start making connections and get in before the crowd!

Our plea is that if you have any friends or contacts who would be kind enough to offer a placement, please reach out to them. We would

be really grateful if you could help us in this venture by offering some places, in case students have no luck, despite their best effort. Please use this form to fill out details about your company, your role and to let us know how many students you can accommodate:

### [MYP 4 WORK EXPERIENCE 'PRAKTUGE' FORM](#)

Please contact me if you have any questions on [mpedersen@ish.dk](mailto:mpedersen@ish.dk)

## Dates for your Diary: Parent Teacher Conference days

Please note, we will have parent-teacher conference days for students in the MYP and DP programmes on Thursday 1 and Friday 2 November. This will be a time when you can book a time to meet your child's teachers and have a discussion about their learning. There is no school for MYP and DP students on these two days.

## EU University Fair

We had a successful EU university fair on September 21 between 15:00-16:30 through an ISH & CIS collaboration. There were 22 participant universities from all around Europe with some of very prestigious ones including Oxford, LSE, Lund, Ecole Hoteliere etc.. Although it was a rainy and chilly day outside, our MYP5 and Diploma students warmed up with the welcoming university Admission Officers and the excitement of building future career opportunities. Once again it was an invaluable opportunity for our students. Our next exciting venture is the Career Fair in November.



2018 European University Fair



## Teaching and Learning Under Way

We are now entrenched in the process of teaching and learning. Teachers are using a range of approaches to work with our diverse community of learners. If you pass by an ISH classroom, you will find students moving their bodies, collaborating and thinking together, and sharing their understandings, among other approaches to learning strategies.

**Rigorous Assessment:** The students, who are at the center of the IB programmes, are surrounded by continuous rigorous assessments that allow them to demonstrate their skills and knowledge. By now, students are focused on preparing or completing their first formative or summative assessments.

**Formative Assessment:** Assessment for learning. These tasks are meant to help teachers understand where students are in the process of learning new skills and content. Feedback for formative tasks can come as the indication of an achievement level, points or comments.

**Summative Assessment:** Assessment of learning. These tasks allow students to demonstrate their achievement of certain objectives in a unit of study. Feedback for summative assessment tasks comes as the achievement levels awarded for objectives met (between 0 and 8). These can come along with comments as well.



## Progress Reports and Report Cards

**October** - *Progress Report* - Student achievement levels reported

**January** - *Report Cards* - Student grades published with teacher comments

**March** - *Student Led Conferences and Progress Report* - Student achievement levels reported

**June** - *Report Cards* - Student grades published without additional teacher comments

Parents can follow student progress by using the Managebac platform. In Managebac, parents and students can view assessment details, deadlines, results and teacher comments; and communicate with teachers.

To learn more about the MYP programme, please come to our first Coffee Morning on October 10th from 8:30 - 9:30. **Kindly email Abenaa Uttenthal if you plan to attend - [auttenthal@ish.dk](mailto:auttenthal@ish.dk)**

